



Bear River Health Department- Substance Abuse

Substance Use Disorder Counseling, Medication Assisted Therapy - is the use of a medication prescribed by an on-site physician to assist in managing addiction. This is provided at low or no cost. Mental Health Counseling Services

 435-792-6500
435-881-0358 -Cache & Rich Crisis Line
435-730-2793 - Box Elder Crisis Line


 www.brhd.org/services/counseling-services/

 655 East 1300 North
Logan, UT 84321

817 West 950 South
Brigham City, UT 84302

Bear River House

A welcoming rehabilitation day program for adults who participate with others in developing coping and social skills. This spacious facility is close to the local transit system and provides opportunities for social engagement and learning through treatment and a variety of social activities.


 435-753-9046

 <https://www.brmh.com/facilities/bear-river-house/>


 88 West 1000 North
Logan, UT 84341


Bear River Mental Health

Provides therapy, assessments, medication management, psychological testing, skills development, etc.

 435-752-0750 - Logan
435-734-9449 - Brigham City
800-620-9949 - Garden City
435-257-2168 - Tremonton

 www.brmh.com/

 90 East 200 North
Logan, UT 84321


 115 South Bear Lake Blvd
Garden City, UT 84028

663 West Parker Lane
Brigham City, UT 84302


440 West 600 North
Tremonton, UT 84337

Brigham City House (BRMH)

A Box Elder County-based psychiatric rehabilitation day program for adults who participate with others in developing coping and social skills. Those who participate find opportunities for social engagement and learning through treatment and a variety of social activities.

 435-723-3176

 www.brmh.com

 625 South 300 East
Brigham City, UT 84302

Box Elder Family Support Center

The Box Elder Family Support Center's mission is "Strengthening Families Now and For the Future." Our purpose is to support families with young children to prevent the occurrence and/or re-occurrence of child abuse and family conflict.

📞 435-723-6010 - Brigham City
435-730-5898 - Garland

🌐 <https://befsc.org/>

📍 276 North 200 East
Brigham City, Utah 84302

1386 South Main Street
Garland, UT 84312

Butterfield Counseling & Neurofeedback

Butterfield Counseling and Neurofeedback provides a scientifically-proven, integrated approach to improving ADHD, Sensory Processing Issues, Emotional Reactivity, Addictions, and treatment resistant Anxiety and Trauma.

📞 801-525-4645

🌐 butterfieldcn.com

📍 115 Golf Course Road
Logan, UT 84321

CAPSA

A nonprofit domestic violence, sexual abuse, and rape recovery center serving Cache County and the Bear Lake area. Has 24 hour support line, emergency shelter, safety planning, therapy, educational and support groups, and transitional housing.

📞 435-753-2500

🌐 <https://www.capsa.org/>

📍 Logan, UT

Family Institute of Northern Utah

Family Institute of Northern Utah is committed to: Strengthening people and their relationships. Helping families provide safety and nurturing for children and adults. Developing innovative, research-based treatment and tracking effectiveness outcomes.

📞 435-752-1976

🌐 www.finu.org/

📍 550 North Main Street Suite 210
Logan, UT 84321

The Family Place

Dedicated to Strengthening Families & Protecting children. We provide essential resources for families in Cache, Rich and Franklin counties.

📞 435-752-8880

🌐 <https://thefamilyplaceutah.org/>

📍 1525 North 200 West
Logan, Ut 84341

10 North 600 East
Hyrum, UT 84319

502 South Main St
Smithfield, UT 84335

Grandfamilies

GRANDfamilies is a support, advocacy, educational and crisis intervention program designed to provide information and support to kinship families so that the needs of safety and permanency for children can be met.

📞 435-227-1892 - Logan
385-272-2715 - Brigham City

🌐 www.cssutah.org/services/kinship-care/grandfamilies-programs/

📍 95 West 100 South Suite 385
Logan, UT 84321

650 East 700 South Suite 5
Brigham City, UT 84302

Health West

Health West is committed to delivering high quality, patient-centered healthcare that meets your individual needs. Clinics offer a variety of healthcare services, including primary care, behavioral health and pharmacy.

📞 435-723-7999 - Brigham City
435-755-6061 - North Logan
435-755-6075 - Providence

🌐 <https://www.healthwestinc.org/>

📍 5 West 200 North
Brigham City, UT 84302

1515 North 400 East Suite 104
Logan, UT 84341

517 West 100 North Suite 110
Providence, UT 84332

LDS Family Services

Family Services provides short-term professional counseling for individuals, couples, and families. Services need to be authorized by a bishop, stake president, or mission president.


📞 435-752-5302

🌐 <https://providentliving.churchofjesuschrist.org/lds-family-services/find-an-office?lang=eng>


📍 175 West 1400 North Suite A
Logan, UT 84341

Logan Residential Treatment (BRMH)

A 12-bed short-term residential treatment facility, part of the Bear River House campus, caters to adults facing challenges in independent living due to mental illness. This residential treatment center is open to residents of Box Elder, Cache, and Rich Counties, offering personalized care and access to long-term solutions.


 435-753-7053


 www.brmh.com

 78 West 1000 North
Logan, UT 84321

MAG Caregiver Support Group (virtual)


Support groups are the best place for caregivers to connect with others in similar situations who actually know what you're going through. Our support groups are held monthly and open to anyone looking for the camaraderie of the caregiving community. Each support group is moderated by a professional who also provides information about community resources.

 801-229-3808


 <https://magutah.gov/supportgroups/>

Mount Logan Clinic

At Mt. Logan Clinic, each of our providers brings specialized training to care for your whole family. Whether it's children, adolescents, or adults; individuals, couples, or families, the skilled providers at Mt. Logan Clinic bring compassion and expertise for your specific needs. Our skilled providers can offer both therapy and medication management to suit your needs.


 435-750-6300

 www.mtloganclinic.com/


 246 East 1260 North
Logan, UT 84341

NAMI (National Alliance on Mental Illness)

Providing hope and community for people whose lives are impacted by mental illness.


 801-323-9900


 www.namiut.org/

 3269 South Main Street #230
Salt Lake City, Utah 84115

National Suicide Prevention Hotline


At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. You are not alone.


 988

 <https://988lifeline.org/>


Sorenson Center (Utah State University)

The single session consultation helps to identify specific steps people can take towards a desired future. There is no cost.

 435-797-2088


 <https://cehs.usu.edu/scce/>

Psychiatry services (diagnosis and medication for ADHD, depression, etc.)
Limited spots available.


 6405 Old Main Hill
Logan, UT 84322

Summit Mental Health

We believe you have the innate capacity for healing and are genuinely invested in your change process. Through building a strong therapeutic alliance and using evidence-based interventions, we will provide you quality mental healthcare.


 435-554-1119


 <https://www.summit-mental-health.com/>

 965 S 100 W Suite 106
Logan, UT 84321


Sunshine Terrace Foundation

Caregiver Support Group- A weekly education and support group that addresses the needs of family caregivers.

 435-716-8540

 <https://www.sunshineterrace.org/our-services/caregiver-support/>


Peaceful Healing - A weekly education and support group that addresses the needs of individuals who are actively grieving a loss.


 209 West 300 North
Logan, UT 84321


Parkinson's Support Group - Designed for anyone impacted by Parkinson's Disease, including family.

Thrive

Our practice is committed to providing inclusive, high-quality care to people of all ages (6 and up), with a particular emphasis on addressing trauma, anxiety, depression and faith transitions and providing LGBTQIA+ affirming care.


 435-213-1023


 <https://www.thrivewellnessservices.com/>

 95 Golf Course Road Suite #106
Logan, UT 84321

Veterans Caregiver Group


This group is designed for veterans who need access to resources and support outside the VA system to care for family, friends, or others. Learn about resources, share ideas, and develop care skills. Relax with peers.


 385-468-3281

 <https://www.saltlakecounty.gov/aging-adult-services/support/caregiver-support/caregiver-education-and-support/>

5 County Caregiver Support Group (virtual)

An online support group for Caregivers, every Thursday at 1:00pm on zoom.

 435-753-2500

 <https://www.areaagencyonagingfivecounty.org/post/resources-for-family-caregivers>