



2026

Senior Resource Guide

Bear River Area Agency on Aging

Empowering lives with Dignity, Independence and Hope.



Serving Box Elder, Cache and Rich Counties

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Common Ground Outdoor Adventures

Common Ground Outdoor Adventures enhances the lives of youths and adults with disabilities through quality outdoor recreation.


 435-713-0288

 <https://cgadventures.org>

 335 North 100 East
Logan, UT 84321

Disability Law Center

DAL works to enforce and strengthen the laws that protect the opportunities, choices, and legal rights of Utahns with disabilities. If you need assistance call the phone number and ask for our Short Term Assistance Team or fill out the on-line form on our website.


 800-662-9080

 <http://disabilitylawcenter.org>


 960 South Main Street
Salt Lake City, UT 84101

DWS Vocational Rehab

Voc Rehab is a resource for those who are permanently disabled in a way that may interfere with their ability to get a job. The goal of the program is to find new employment for the client and they will meet regularly with a counselor to create a plan to find employment.


 435-787-3480

 <https://jobs.utah.gov/usor/vr/index.html>


 180 North 100 West
Logan, UT 84321

Options for Independence

Options for Independence is an agency that offers many resources for people with disabilities. Services include a youth program, low vision resources, help with mobility devices, independent living skills classes, various support groups, and a community integration program with activities for people to participate in.


 435-753-5353

 <https://optionsind.org/>


 106 East 1120 North
Logan, UT 84341

USU Assistive Technology

Our mission is to put assistive technology into the hands of people who need it. We serve individuals with disabilities of all ages throughout the state of Utah.

 435-797-0699

 <http://disabilitylawcenter.org>

 Janet Quinney Lawson Building
6855 Old Main Hill
Logan, UT 84321

Adult Protective Services

Utah law (62A-3-305) mandates any person who has reason to believe that a vulnerable adult is being abused, neglected, or exploited must immediately notify Adult Protective Services or the nearest law enforcement office

- 📞 801-538-3910
Toll Free: 1-800-371-7897
- 🌐 www.daas.utah.gov/adult-protective-services/
- 📍 288 North 1460 West
Salt Lake City, UT 84116

CAPSA

CAPSA is a nonprofit domestic violence, sexual abuse, and rape recovery center. Has 24 hour support line, emergency shelter, safety planning, therapy, educational and support groups, and transitional housing

- 📞 435-753-2500
- 🌐 www.capsa.org
- 📍 P.O. Box 3617
Logan, UT 84323

Long Term Care Ombudsman

Bear River Area Agency on Aging at BRAG's certified Ombudsman resolves issues surrounding the care and quality of life for people living in nursing homes and assisted living facilities. Our Ombudsman is there to represent the residents' interests. It is the residents' desires and needs that are considered and acted upon.

- 📞 435-713-1464
- 🌐 www.bearriveraging.com
- 📍 170 North Main St
Logan, UT 84321




New Hope Crisis Center

Our mission is to provide all-inclusive, integrated, victim-centered services to stabilize and support individuals, families, and our community.

- 📞 435-723-5600
- 🌐 www.newhopecrisiscenter.org
- 📍 435 East 700 South
Brigham City, UT 84302




Alertline LLC

With Alertline you can remain at home. When you are in need of medical help simply push the button and you will be talking to a live person trained to help you. They will remain on the phone with you until help arrives at your door.

-  801-731-7302
-  www.alertline.info/
-  620 South 9500 East
Huntsville, UT 84317




Best Buy Health

On-demand response to urgent needs big or small in addition to proactive outreach with fall detection.

-  1-800-733-6632
-  www.bestbuyhealth.com/
-  9390 Gateway Dr Suite 100
Reno, NV 89521




Independent Alert

We have a department of dedicated, highly trained, certified PERS operators that quickly and accurately respond to medical alerts and alarms.

-  435-363-8000
-  independentalert@gmail.com
-  529 South 250 East
Hyde Park, UT 84318




Lifeline

With a Lifeline medical alert system you have quick access to the help you need 24/7, 365 days a year, whether at home or on the go, ensuring peace of mind for independent living. Simply press your help button and a Trained Care Specialist will assess your situation and send the help you need—whether a friend, family member, neighbor or emergency service.

-  855-615-7210
-  <https://www.lifeline.com>
-  200 Donald Lynch Blvd #300
Marlborough, MA 01752


Rescue Alert

For over thirty years, Rescue Alert has been helping seniors live independently by providing protection and peace of mind through knowing that help is just a push of a button away.


-  801-571-4121
-  <https://rescuealert.com/>
-  10321 South Beckstead Lane
South Jordan, UT 84095

Utah Labor Commission Anti-discrimination and Labor Issues

Investigate and resolve employment and housing discrimination complaints and enforce Utah's minimum wage, wage payment requirements and laws which protect youth in employment.


 801-530-6800

 <https://laborcommission.utah.gov/>


 6160 East 300 South, 3rd Floor,
Salt Lake City, UT 84111

Futures Through Training

The main purpose of the Utah Farmworker Program is to help our clients successfully find and keep jobs. In order to do that, we teach Job Search & Job Readiness Techniques including: how to look for work; make resumes and cover letters; interview; start, keep and leave jobs.


 801-394-9774

 <http://www.futuresthroughtraining.org/>


 1140 East 36th Street, Suite 150
Ogden, UT 84403

Vocational Rehabilitation

Helping Utahns with disabilities obtain meaningful employment and increase independence.

 866-435-7414




 <https://jobs.utah.gov/usor/index.html>

 180 North 100 West
Logan, UT 84321

138 West 990 South
Brigham City, UT 84302



Bear River Valley Senior Center

Participate in Meals on Wheels or Congregate meals programs.

-  435-257-9455
-  www.tremontoncity.org/community/senior-center/
-  510 West 1000 North
Tremonton, UT 84337




Bishop's Storehouse

LDS run free food pantry with some toiletry items. Contact your local congregation.

-  435-752-6425
-  165 East 2200 North
Logan, UT 84341




Box Elder Community Food Pantry

We are a customer choice pantry that lets you choose your own food that your family will eat instead of just handing you a box of goods that your family may not eat and would go to waste. This provides the experience of shopping at a grocery store, eliminates waste, and helps our customers make healthier choices when they see the tags on the shelves stating what is the healthiest choice.

-  435-723-1449
-  <https://www.boxelderfoodpantry.org/>
-  272 North 200 West
Brigham City, UT 84302

Brigham City Senior Center

Participate in Meals on Wheels or Congregate meals programs.

-  435-723-3251
-  <https://www.bcutah.gov/page/senior-services/>
-  24 North 300 West
Brigham City, UT 84302

Cache Community Food Pantry

Provides dry and fresh food items. Can apply online in English or Spanish.

-  435-753-7140
-  <https://cachefoodpantry.com/>
info@cachefoodpantry.com
-  359 South Main Street
Logan, UT 84321

Commodity Supplemental Food Program




This federally funded program works to improve the health of senior citizens living in poverty who are at least 60 years of age. The USDA ships nutritious foods directly to Utah Food Bank, including canned fruits, vegetables, cereal, cheese, and more.

You can apply for this program at the senior centers and pick up location is at the centers

-  801-978-2452
-  <https://www.utahfoodbank.org/how-we-help/csfp/>
-  3150 South 900 West
Salt Lake City, UT 84119



Hyrum Senior Citizen's Center

Participate in Meals on Wheels or Congregate meals programs.

-  435-245-3570
-  <https://www.hyrumcity.gov/seniors>
-  675 East Main Street
Hyrum, UT 84319

Loaves and Fishes Community Meal

The Loaves and Fishes Community Meal brings our diverse community together around a common table to provide a meal twice a month that nourishes body and spirit through relationship, service, and fellowship.

-  <https://www.loganloavesandfishes.org/>
loavesandfishescv@gmail.com
-  First Presbyterian Church
178 West Center Street
Logan, UT 84321




Rich County Senior Center & Food Pantry

Participate in Meals on Wheels or Congregate meals programs.

-  435-793-2122
-  <https://www.richcounty.gov/senior-citizens/>
-  21 North Main Street
Randolph, UT 84064


Tremonton Community Pantry

The Tremonton Food Pantry provides food and other household items to those in need.

-  435-257-9530
-  <https://tremontoncivty.gov/community/food-pantry/>
-  180 South Tremont Street
Tremonton, UT 84337

Utah Families Feeding Families

Families Feeding Families is a local non-profit that has porch pantries, A summer lunch program for kids, and a back to school drive in July to get school supplies and clothes for the new year. Anyone can stop by the porch pantries at any time (no need to ring the doorbell) and take what they need. It is encouraged to take what you need and leave what you can. No donation is required to use the pantry.

 <https://www.utahfamiliesfeedingfamilies.com/>


 1710 North 1000 East
North Logan, UT 84341

567 East 1800 North
North Logan, UT 84341


310 North 800 East
Hyrum, UT 84319

Women, Infants, and Children (WIC)

WIC provides nutrition support and services to pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to their 5th birthday.

 435-792-6451

 www.wic.utah.gov

 655 East 1300 North
Logan, UT 84321

Aegis Home Health

Aegis is committed to our mission that all patients and families entrusted to our care will be treated with the highest level of compassion, respect, and quality of care. We believe our mission is to enrich every life we encounter, from our employees to our patients and those who love and care for them.


 www.myaegis.com/

 984 Medical Dr. Suite 2
Brigham City, UT 84302


258 South Main St. Suite 210
Logan, UT 84341

Ali's Angels

We exist in order to give the highest quality of healthcare services to our clients. This is possible through the collective efforts of our professional, licensed staff who went through extensive screening process in order to assure our clients of their authentic skills in performing their duties.


 801-725-7709

 www.myalisangels.com/


 740 South 400 West
Brigham City, UT 84302

Assisting Hands Home Care

Our company was founded on the principles of caring for others in a way that we would also want to be cared for which is made evident through our nationwide team of trained professionals who feel called to give care. Providing non-medical in-home healthcare in the privacy of a client's home or Assisted Living Facility, 24 hours a day, 7 days a week is why you can confidently rely on Assisting Hands Home Care even if you require overnight care.


 435-216-3216

 <https://assistinghandslogan.com/>

 2072 North Main St Suite 100
Logan, UT 84341

Bear Lake Hospital Home Health

Let us help you customize a care program for you or your loved one.


 208-847-4454


 www.blmhospital.com/home-health/

 164 South 5th Street
Montpelier, ID 83254

Caregiver Support Network


We customize care to meet our patients' unique needs to help keep them safely in the comfort of their own homes.

 801-547-0060


 www.caregiversupportnetwork.com/
info@caregiversupportnetwork.com

ComForCare Home Care

ComForCare Home Care offers need based caregiving options to help you or the person you love live a happier, more productive life at home.


 435-754-7676

 <https://www.comforcare.com/utah/northern-utah/>


 2057 North 200 East
Logan, UT 84341

Community Nursing Services

For nearly 100 years Community Nursing Services (CNS), has expanded services and coverage areas to meet the needs of Utahns statewide. As Utah's oldest nonprofit home health care agency, CNS is committed to providing care regardless of insurance coverage or ability to pay.


 435-752-3355

 www.cns-cares.org/


 221 Gateway Drive Suite G
Providence, UT 84332

Cornerstone

Cornerstone Caregiving combines home care with a personal touch, ensuring that your loved ones are treated with respect and compassion.

 435-557-4646


 <https://cornerstonecaregiving.com/>

 221 Gateway Drive Suite G
Providence, UT 84332


Elevation Utah

Elevation Utah is committed to providing compassionate, comprehensive, and qualified care to people with life-limiting illnesses by serving them through their journey with dignity, respect, and integrity.

Serves: Brigham City, Garland, Honeyville, Perry & Tremonton


 435-557-4646

 <https://sagefoc.com/elevation-ut/>


 11693 S 700 E #200
Draper, UT 84020

Enhabit Home Health & Hospice

At Enhabit Home Health & Hospice, we're raising the bar for what it means to provide A Better Way to Care®. Our approach is to give every patient the health care journey they want and deserve — and to provide the support they need every step of the way.


 435-753-7001

 <https://www.ehab.com/>

 525 West 465 North Suite 100
Providence, UT 84332

HomeWatch CareGivers


Homewatch CareGivers was founded on the idea that individuals should receive kind, compassionate, and qualified in-home care tailored to their unique needs and in their preferred surroundings. More than 40 years later, this remains our top goal.

 435-990-6270


 <https://www.homewatchcaregivers.com/>

IHC Home Care & Hospice

Exceptional care where you feel the most comfortable. Whether recovering from surgery or managing a chronic condition, our personalized care can help continue your treatment and regain independence safely at home. With a supportive team by your side, you can heal and thrive in a familiar, comforting environment.


 435-716-5477

 <https://intermountainhealthcare.org/services/home-services>

 550 East 1400 North Suite G
Logan, UT 84341

Primrose Home Care & Hospice

PrimRose Home Care & Hospice has been a trusted, locally owned provider of home health and hospice services in Northern Utah since 2006. We believe those we care for are more than just patients—they're individuals with unique stories and needs.


 435-787-1369


 <https://www.primrosecare.com/>


 286 North Gateway Dr. Suite 101
Providence, UT 84332

Rocky Mountain Home Care & Hospice

Everyone deserves comfort, dignity, and care during trying times. We instill the values of our motto "Simply the Best Care" into all our staff.


 435-753-8220

 www.rockymountaincare.com/locations/rocky-mountain-hospice-logan-ut/


 21480 North 400 East
Logan, UT 84341

Sentry Medical

Sentry Medical is the leader for in-home and community-based care. By delivering complex care coordination, we keep our patients healthier, happier, and safer while avoiding unnecessary hospital visits. Services include mobile optometrist.


 435-383-6120

 www.sentrymedicalcare.com

 21480 North 400
East Logan, UT 84341

Suzy's Senior Companionship Services


Our Mission is to provide elderly individuals, individuals with disabilities, and veterans with caring one-on-one companionship and access to affordable healthcare and transportation.


 801-540-2077


 www.suzyseniorservices.org/

Sunshine Cares

As caregivers in Cache Valley, we believe in compassion, excellence and reliability. We respect each person's right to a safe home life focused on comfort, independence and dignity. We believe our clients come first and that building relationships and working together is how we can be successful as a community of compassionate caregivers.


 435-716-8541


 <https://www.sunshineterrace.org/our-services/home-based-care/sunshine-cares/>


 225 North 200 West
Logan, UT 84321

Sunshine Home Health

Your Home. It is where you are comfortable. It is the place you want to heal and stay. At Sunshine Home Health, we offer therapy, in-home nursing, and more.


 435-716-8541


 <https://www.sunshineterrace.org/our-services/home-based-care/sunshine-home-health/>


 225 North 200 West
Logan, UT 84321

Sunshine Hospice

With care designed to improve the quality of your life wherever you call home – your house, assisted living center or nursing home – our team approach brings compassionate symptom control, pain management, social, emotional and spiritual support to you and your family.


 435-716-8541

 <https://www.sunshineterrace.org/our-services/home-based-care/sunshine-hospice-care/>


 225 North 200 West
Logan, UT 84321

Symbii Home Health and Hospice

Our purpose is to deliver exceptional Home Health and Hospice services with compassion. We firmly believe in the transformative power of caring and professional assistance, whether it's basic in-home support or more specialized care.


 435-260-4012

 <https://symbiihealth.com/>

 646 South Main St, Suite 105
Brigham City, UT 84302

Memories Music Therapy

We specialize in providing meaningful interactions for people living with Dementia through the use of music therapy.


 435-239-3117

 <https://sites.google.com/memoriesmt.org/memoriesmt>

michaela@memoriesmt.org

Northern Utah Alzheimer's Association

Whether it's offering support to anyone facing Alzheimer's, advocating for the needs and rights of those facing dementia, or advancing critical research, we work toward methods of treatment, prevention, and ultimately, a cure.


 801-265-1944
800-272-3900 - 24/7 Helpline

 www.alz.org/utah

 6975 Union Park Avenue, Suite 100
Cottonwood Heights, UT 84047

Utah State University Alzheimer's Disease & Dementia Research Center

The ADRC is committed to building a collaborative research infrastructure where individuals throughout the state of Utah can be involved and informed in dementia research, learn more about best practices in care, and find resources for emotional and practical support.


 435-797-1772

 <https://cehs.usu.edu/adrc/>


 2800 Old Main Hill
Logan, UT 84321

Gregory E. Anderson

Oral surgeon that accepts Medicaid for adult extractions. Doctor speaks limited Spanish, currently don't have other interpretation services.


 435-938-6496


 <https://www.andersonoralsurg.com/>

 1395 North 400 East Ste B
Logan, UT 84341

Community Health Centers Inc., Brigham City Medical and Dental Clinic

Salt Lake Donated Dental Services provides quality, comprehensive dental care to low-income and homeless individuals.

 435-723-8276

 <https://chc-ut.org/clinica-de-buena-salu>


 980 South Medical Dr. Suite 1
Brigham City, UT 84302

Ridgeview Smile Care

Dental office that accepts Medicaid for adults. Medicaid covers extractions only.


 435-753-1686

 <https://ridgeviewsmilecare.com/>

 398 South Main
Logan, UT 84321

Salt Lake Donated Dental Services

Salt Lake Donated Dental Services provides quality, comprehensive dental care to low-income and homeless individuals.


 801-972-2747

 <https://donateddental.org/>

 1383 South 900 West, Suite 128,
Salt Lake City, UT 84104

U of U Dental Program

UofU Dental program does free dental work for Medicaid/self-pay patients in Salt Lake. They have students in clinics as far North as Ogden, but also have contracts with two clinics in Logan. These dentists are able to bill work they do to Medicaid, however there are different tiers of dental coverage, based on situation. Everyone has coverage for emergencies and extractions, pregnant people and children have full coverage, adults over 65 have extra coverage. (it also said Refugees were in the category of different coverage, but did not specify how).


 801-587-6453

 <https://healthcare.utah.edu/dentistry>

 530 Wakara Way
Salt Lake City, UT 84108

Bear River Area Agency on Aging at BRAG

Apply for Medicaid and discuss Medicare options at no cost. Stop by our office and visit with an enrollment counselor today!


 435-713-1467

 www.bearriveraging.com

 170 N Main St
Logan, UT 84321


Health Program Representatives w/ DWS

Call to ask about specific Medicaid plans and coverage.


 866-608-9422

Utah Health Policy Project

Utah Health Policy Project helps people enroll in CHIP, Medicaid, and the open Marketplace for health insurance. They are able to schedule individual meetings with clients to go over health insurance needs. They also provide interpretation in all languages.

 801-433-2299

 <https://www.healthpolicyproject.org/>

 2369 West Orton Circle, Suite 20
West Valley City, UT 84119


Referrals for Medicaid

Resource that shows local providers in area that takes medicaid.


 <https://fp.medicaid.utah.gov/find-provider/>

Bear River Health Department- Substance Abuse

Substance Use Disorder Counseling, Medication Assisted Therapy - is the use of a medication prescribed by an on-site physician to assist in managing addiction. This is provided at low or no cost. Mental Health Counseling Services

 435-792-6500
435-881-0358 -Cache & Rich Crisis Line
435-730-2793 - Box Elder Crisis Line


 www.brhd.org/services/counseling-services/

 655 East 1300 North
Logan, UT 84321


817 West 950 South
Brigham City, UT 84302

Bear River House

A welcoming rehabilitation day program for adults who participate with others in developing coping and social skills. This spacious facility is close to the local transit system and provides opportunities for social engagement and learning through treatment and a variety of social activities.

 435-753-9046

 <https://www.brmh.com/facilities/bear-river-house/>


 88 West 1000 North
Logan, UT 84341


Bear River Mental Health

Provides therapy, assessments, medication management, psychological testing, skills development, etc.

 435-752-0750 - Logan
435-734-9449 - Brigham City
800-620-9949 - Garden City
435-257-2168 - Tremonton

 www.brmh.com/

 90 East 200 North
Logan, UT 84321


 115 South Bear Lake Blvd
Garden City, UT 84028

663 West Parker Lane
Brigham City, UT 84302


440 West 600 North
Tremonton, UT 84337

Brigham City House (BRMH)

A Box Elder County-based psychiatric rehabilitation day program for adults who participate with others in developing coping and social skills. Those who participate find opportunities for social engagement and learning through treatment and a variety of social activities.

 435-723-3176

 www.brmh.com

 625 South 300 East
Brigham City, UT 84302

Box Elder Family Support Center

The Box Elder Family Support Center's mission is "Strengthening Families Now and For the Future." Our purpose is to support families with young children to prevent the occurrence and/or re-occurrence of child abuse and family conflict.

📞 435-723-6010 - Brigham City
435-730-5898 - Garland

🌐 <https://befsc.org/>

📍 276 North 200 East
Brigham City, Utah 84302

1386 South Main Street
Garland, UT 84312

Butterfield Counseling & Neurofeedback

Butterfield Counseling and Neurofeedback provides a scientifically-proven, integrated approach to improving ADHD, Sensory Processing Issues, Emotional Reactivity, Addictions, and treatment resistant Anxiety and Trauma.

📞 801-525-4645

🌐 butterfieldcn.com

📍 115 Golf Course Road
Logan, UT 84321

CAPSA

A nonprofit domestic violence, sexual abuse, and rape recovery center serving Cache County and the Bear Lake area. Has 24 hour support line, emergency shelter, safety planning, therapy, educational and support groups, and transitional housing.

📞 435-753-2500

🌐 <https://www.capsa.org/>

📍 Logan, UT

Family Institute of Northern Utah

Family Institute of Northern Utah is committed to: Strengthening people and their relationships. Helping families provide safety and nurturing for children and adults. Developing innovative, research-based treatment and tracking effectiveness outcomes.

📞 435-752-1976

🌐 www.finu.org/

📍 550 North Main Street Suite 210
Logan, UT 84321

The Family Place

Dedicated to Strengthening Families & Protecting children. We provide essential resources for families in Cache, Rich and Franklin counties.

📞 435-752-8880

🌐 <https://thefamilyplaceutah.org/>

📍 1525 North 200 West
Logan, Ut 84341

10 North 600 East
Hyrum, UT 84319

502 South Main St
Smithfield, UT 84335

Grandfamilies

GRANDfamilies is a support, advocacy, educational and crisis intervention program designed to provide information and support to kinship families so that the needs of safety and permanency for children can be met.

📞 435-227-1892 - Logan
385-272-2715 - Brigham City

🌐 www.cssutah.org/services/kinship-care/grandfamilies-programs/

📍 95 West 100 South Suite 385
Logan, UT 84321

650 East 700 South Suite 5
Brigham City, UT 84302

Health West

Health West is committed to delivering high quality, patient-centered healthcare that meets your individual needs. Clinics offer a variety of healthcare services, including primary care, behavioral health and pharmacy.

📞 435-723-7999 - Brigham City
435-755-6061 - North Logan
435-755-6075 - Providence

🌐 <https://www.healthwestinc.org/>

📍 5 West 200 North
Brigham City, UT 84302

1515 North 400 East Suite 104
Logan, UT 84341

517 West 100 North Suite 110
Providence, UT 84332

LDS Family Services

Family Services provides short-term professional counseling for individuals, couples, and families. Services need to be authorized by a bishop, stake president, or mission president.


📞 435-752-5302

🌐 <https://providentliving.churchofjesuschrist.org/lds-family-services/find-an-office?lang=eng>


📍 175 West 1400 North Suite A
Logan, UT 84341

Logan Residential Treatment (BRMH)

A 12-bed short-term residential treatment facility, part of the Bear River House campus, caters to adults facing challenges in independent living due to mental illness. This residential treatment center is open to residents of Box Elder, Cache, and Rich Counties, offering personalized care and access to long-term solutions.


 435-753-7053


 www.brmh.com

 78 West 1000 North
Logan, UT 84321

MAG Caregiver Support Group (virtual)


Support groups are the best place for caregivers to connect with others in similar situations who actually know what you're going through. Our support groups are held monthly and open to anyone looking for the camaraderie of the caregiving community. Each support group is moderated by a professional who also provides information about community resources.

 801-229-3808


 <https://magutah.gov/supportgroups/>

Mount Logan Clinic

At Mt. Logan Clinic, each of our providers brings specialized training to care for your whole family. Whether it's children, adolescents, or adults; individuals, couples, or families, the skilled providers at Mt. Logan Clinic bring compassion and expertise for your specific needs. Our skilled providers can offer both therapy and medication management to suit your needs.


 435-750-6300

 www.mtloganclinic.com/


 246 East 1260 North
Logan, UT 84341

NAMI (National Alliance on Mental Illness)

Providing hope and community for people whose lives are impacted by mental illness.

 801-323-9900


 www.namiut.org/

 3269 South Main Street #230
Salt Lake City, Utah 84115

National Suicide Prevention Hotline


At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. You are not alone.


 988

 <https://988lifeline.org/>


Sorenson Center (Utah State University)

The single session consultation helps to identify specific steps people can take towards a desired future. There is no cost.

 435-797-2088


 <https://cehs.usu.edu/scce/>

Psychiatry services (diagnosis and medication for ADHD, depression, etc.)
Limited spots available.


 6405 Old Main Hill
Logan, UT 84322

Summit Mental Health

We believe you have the innate capacity for healing and are genuinely invested in your change process. Through building a strong therapeutic alliance and using evidence-based interventions, we will provide you quality mental healthcare.


 435-554-1119


 <https://www.summit-mental-health.com/>

 965 S 100 W Suite 106
Logan, UT 84321


Sunshine Terrace Foundation

Caregiver Support Group- A weekly education and support group that addresses the needs of family caregivers.

 435-716-8540

 <https://www.sunshineterrace.org/our-services/caregiver-support/>


Peaceful Healing - A weekly education and support group that addresses the needs of individuals who are actively grieving a loss.


 209 West 300 North
Logan, UT 84321


Parkinson's Support Group - Designed for anyone impacted by Parkinson's Disease, including family.

Thrive

Our practice is committed to providing inclusive, high-quality care to people of all ages (6 and up), with a particular emphasis on addressing trauma, anxiety, depression and faith transitions and providing LGBTQIA+ affirming care.


 435-213-1023


 <https://www.thrivewellnessservices.com/>

 95 Golf Course Road Suite #106
Logan, UT 84321

Veterans Caregiver Group


This group is designed for veterans who need access to resources and support outside the VA system to care for family, friends, or others. Learn about resources, share ideas, and develop care skills. Relax with peers.


 385-468-3281

 <https://www.saltlakecounty.gov/aging-adult-services/support/caregiver-support/caregiver-education-and-support/>

5 County Caregiver Support Group (virtual)


An online support group for Caregivers, every Thursday at 1:00pm on zoom.


 435-753-2500

 <https://www.areaagencyonagingfivecounty.org/post/resources-for-family-caregivers>

Allevio


In home podiatry appointments.

 385-595-5732

 <https://www.alleviocareanywhere.com/>
emily.mills@alleviocare.com

American Cancer Society


We are a leading cancer-fighting organization with a vision to end cancer as we know it, for everyone. We are improving the lives of people with cancer and their families as the only organization combating cancer through advocacy, research, and patient support, to ensure that everyone has an opportunity to prevent, detect, treat, and survive cancer.

 800-227-2345


 www.cancer.org/

American Cancer Society - Hope Lodge

The Hope Lodge provides free, temporary lodging for cancer patients who need to travel to Salt Lake City for treatment.


 801-844-1802

 www.cancer.org

 375 East 100 South
Salt Lake City, UT 84111

American Diabetes Association


Whether you're newly diagnosed, have had type 1 or type 2 diabetes for a while, or you're helping a loved one, you've come to the right place. This is the way to start learning how you can live a healthier life—with the tools, health tips, and food ideas you need. Wherever you are with diabetes, you can still live your best life—and we have the steps you can take to get there.

 720-855-1102


 www.diabetes.org/

American Heart Association of Utah

Since the American Heart Association's founding in 1924, deaths from cardiovascular diseases have been cut in half. And yet, there are still so many lives to be saved. By driving breakthroughs in science, policy and care, together we can continue to advance health and transform lives every day.


 801-702-4420

 <https://www.heart.org/en/affiliates/utah>

 230 South 500 East Suite 465
Salt Lake City, UT 84102

American Lung Association


Searching for lung disease cures, addressing the youth vaping epidemic, supporting laws that protect the air we all breathe

 800-586-4872


 www.lung.org/

AMG Senior Medical Group

We have aimed to provide the most trustworthy comprehensive mobile medical care to seniors 65+ in Utah. We make it easy for Utah seniors to get treated in the comfort of their homes. Our comprehensive medical group includes a team of doctors, nurse practitioners, medical assistants, and practice managers. No matter where you live – In an assisted/independent living facility or in your residential home, AMG’s medical experts strive to provide a convenient health care experience to all.


 801-716-7008

 <https://amgseniormedical.com/>

 434 West Ascension Way Suite 225
Murray, UT 84123

Arthritis Foundation Great West Region


The Arthritis Foundation is boldly pursuing a cure for America's #1 cause of disability while championing the fight to conquer arthritis with life-changing science, resources, advocacy and community connections.

 800-283-7800

 <https://www.arthritis.org/>

OnSite Advanced Care

Specialized Mobile Wound Clinic


 801-900-3280

 <https://www.arthritis.org/>


ashley@onsiteadvancedcare.com

Options for Independence

Options for Independence is an agency that offers many resources for people with disabilities. Services include a youth program, low vision resources, independent living skills classes, various support groups, and a community integration program with activities for people to participate in.




 435-753-5353

 <https://optionsind.org/>

 106 East 1120 North
Logan, UT 84341




Brigham Community Pharmacy

Our team does more than you fill your medication, at our pharmacy we provide services and products to our patients in a manner that maximizes our patients health and communities welfare.

-  435-723-5211
-  <https://www.brighampharmacy.com/>
-  1017 South Medical Drive
Brigham City, UT 84302

Cache Valley Pharmacy

As an independent, community pharmacy, we value the personal connections that we create as we provide each patient the best possible care. When you shop with us at Cache Valley Pharmacy, you are supporting a local team who is dedicated to serving this community. Our purpose is to offer everyone we meet with the highest quality personalized care along with a variety of products and services to meet your unique health needs.

-  435-787-1212
-  <https://cachevalleypharmacy.com/>
-  2245 North 400 East Suite 105
North Logan, UT 84341




Cook Brother's Pharmacy

At Cook Brothers Pharmacy, we take pride in being your trusted local pharmacy, committed to providing the highest level of customer service. Our experienced team is dedicated to meeting your healthcare needs with personalized care and attention.

-  435-752-2665
-  <https://www.cookbrotherspharmacy.com/>
-  435 North Gateway Dr, Suite 803
Providence, UT 84332

Costco Pharmacy

Our pharmacy has everything you need to keep your family and pets healthy, all in one convenient place, including mail order services and other delivery options.

-  435-915-4214
-  <https://rx.costco.com/>
-  1160 North 1000 West
Logan, UT 84321

High Creek Pharmacy

High Creek Pharmacy is a pharmacy where we understand that people come first. Our team is dedicated to providing the best care possible for our patients and their families. Our top priority is ensuring that our patients can receive the treatments they need and at the times that they need them. We are proud to offer a wide range of services including compounding, delivery, medication adherence and more to help you better manage your medications and overall health.

- 📞 435-258-5560
- 🌐 <https://www.highcreekpharmacy.com/>
- 📍 609 South Highway 91 #B
Richmond, UT 84333

Kent's Market Pharmacy

Get to know our team! Speaking with a pharmacist makes a big difference to your health... in fact, it could save your life! Don't just pick up your medication from us...take a moment to consult with our great pharmacists. Offers immunizations.

- 📞 435-734-9565 - Brigham City
435-257-7014 - Tremonton
- 🌐 <https://www.kentsgrocery.com/departments/pharmacy/pharmacy-home>
- 📍 260 North Main Street
Brigham City, UT 84302
300 East Main Street
Tremonton, UT 84337

Lee's Pharmacy

At Lee's Pharmacy, we can help you with all your prescription and wellness needs-all while saving you time and money.

- 📞 435-750-0258 - Logan
435-915-5133 - Richmond
435-563-6201 - Smithfield
- 🌐 <https://www.leesmarketplace.com/pharmacy/pharmacy>
- 📍 555 East 1400 North
Logan, UT 84321
850 South Main St
Smithfield, UT 84335
185 North 200 West
Richmond, UT 84333




Macey's Pharmacy

As your community pharmacy partner, we strive to be recognized as a trusted and innovative resource in the health of our patient's lives and the communities we serve. Locally owned and operated, we are proud to offer a variety of services to support your health needs.

- 📞 435-752-1111
- 🌐 <https://www.maceys.com/pharmacy>
- 📍 50 North Hwy 165
Providence, UT 84332




Reed's Pharmacy

To provide personalized healthcare with excellence in quality, service, and professionalism with these core services: Custom Compounding, Medication Synchronization, Medication Packaging, Clinical Testing, Professional Supplement Care, Immunizations, and Deliveries.

-  435-245-6422
-  <https://www.reedspharmacyutah.com/>
-  790 East Main Street
Hyrum UT 84319




Ridley's Family Market Pharmacy

Pharmacy inside Ridley's Family Market.

-  435-557-7011
-  <https://shopridleys.com/pharmacy.php>
-  74 South 100 East
Tremonton, UT 84337




Sam's Club Pharmacy

Pharmacy inside Sam's Club.

-  435-787-0495
-  <https://www.samsclub.com/pharmacy?xid=hdr:shop:health-wellness:pharmacy>
-  145 West Cache Valley Blvd
Logan, UT 84341




Smith's Pharmacy

With services ranging from everyday vaccinations to prescription fulfillment or simply restocking your medicine cabinet, Smith's Pharmacy offers convenient, personalized healthcare services online and in-store. We're here to help you live your better tomorrow, today.

-  435-753-6570 - Logan (442 N)
435-753-1643 - Logan (750 N Main)
435-734-2027- Brigham City
-  <https://www.smithsfoodanddrug.com/stores/pharmacy>
-  442 North 175 East
Logan, UT 84321
156 South Main Street
Brigham City, UT 84302
750 North Main Street
Logan, UT 84321


Spences Pharmacy

Spence's is about striving to put your family and friends on a pathway to better health by providing specialty medications and a welcoming experience.

-  435-753-8500
-  <https://www.spencesrx.com/>
-  550 E 1400 N
Logan, UT 84321

Tremonton Community Pharmacy


A small town pharmacy and more: gifts, crafts, cards, toys, scrapbooking supplies, fabric, office/school supplies.


 435-257-5249


 44 East Main Street
Tremonton, UT 84337

Walgreen's Pharmacy

Pharmacy inside Walgreen's.


 435-227-1100

 <https://www.walgreens.com/topic/pharmacy.jsp>

 999 North Main Street
Logan, UT 84321

Walmart Pharmacy

Offering low cost prescriptions, friendly service, & convenient locations.

 435-753-2111 - Logan
435-753-0880- North Logan
435-734-9660 - Perry

 <https://www.walmart.com/cp/pharmacy/5431>


 1150 South 100 West
Logan, UT 84321

1550 North Main Street
Logan, UT 84341

1200 South Commerce Way
Perry, UT 84302


Affordable Housing Hub

The state emergency rental assistance program is helping renters stay in their homes and avoid housing instability by providing assistance with rent and utility bills.


 <https://affordablehousinghub.org/utah-emergency-rental-assistance>

Ashfield Apartments

Ashfield Apartments is income restricted. Please contact the office for details.


 435-257-5990


 <https://www.ashfieldapartments.net/>


 2711 West 450 North
Tremonton, UT 84337

Bear River Mental Health - Residential Group Home

We have a 12-bed, short-term residential facility located in Logan near the Bear River House. This allows us to provide temporary housing for our eligible clients as well as access to psychosocial rehabilitation.


 435-752-0750

 <https://www.brmh.com/residential-group-home/>


 90 East 200 North
Logan, UT 84321

Box Elder Commons

Box Elder Commons is income restricted and serves households with special needs.


 435-257-5990

 <https://www.boxeldercommons.com/>


 130 East 400 North
Brigham City, UT 84302

BRAG

Provides housing assistance through Section 8 long term rental assistance, emergency housing for evictions and homeless, and utility assistance (HEAT).


 435-752-7242

 <https://brag.utah.gov/>

 170 North Main Street
Logan, Utah 84321

Brigham Senior Housing

Senior Housing (62+) 50% or less of Area Median Income (AMI) to qualify.


 435-723-1003

 <https://unphc.org/housing/brigham-city-senior-housing/>


 367 North Main Street
Brigham City, UT 84302

Carl Inoway Housing

Senior Housing (62+) 50% or less of the Area Median Income (AMI) to qualify.


 435-713-4945


 <https://unphc.org/housing/carl-inoway-senior-housing/>

 690 South Riverwalk Parkway
Logan, UT 84321

Discovery Place

Discovery Place is a fully accessible 15-unit complex with both 1 and 2 bedroom units for persons with physical and/or developmental disabilities.


 435-723-0831

 <https://chsutah.org/properties/discovery-place/>


 360 West 900 North
Brigham City, UT 84302

Fuller Center for Housing

The Fuller Center for Housing, faith-driven and Christ-centered, promotes collaborative and innovative partnerships with individuals and organizations in an unrelenting quest to provide adequate shelter for all people in need worldwide.


 435-752-2786

 <https://fullercentercachevalley.org/>


 232 South Main Street
Logan, UT 84321

Greenbriar Apartments

Greenbriar Apartments is a senior property for those 62 and older. It is income restricted and offers rental assistance for those who qualify


 435-563-6830

 <https://www.greenbriarsmithfield.com/>


 210 South 300 East
Smithfield, UT 84335

HomeChoice Utah

The HomeChoice program offers single-family mortgage options designed to meet the mortgage underwriting needs of people with disabilities or those who have a family member with a disability. HomeChoice is a 2nd mortgage, not a down payment assistance program. The low interest rate helps lower the overall monthly payment to make it more affordable.


 435-753-1112

 <https://nnhc.org/buy-a-home/>

 195 Golf Course Road, Suite 1,
Logan, Utah 84321

Lantern House

Homeless shelter providing food, shelter, and critical emergency services.


 801-621-5036


 <https://www.stannescenter.org/>


 269 W. 33rd St. Ogden, Utah 84401

Neighborhood Nonprofit Housing

Neighborhood Nonprofit Housing works to create affordable housing opportunities in Cache Valley. They have a list of affordable rental housing options on their website and also offer opportunities to build, buy, or repair homes.


 435-753-1112


 <https://nnhc.net/rental-communities/>

 195 Golf Course Road, Suite 1, Logan, Utah 84321


Maple Springs in Brigham City

At Maple Springs, we are truly family. Maple Springs is designed with a homelike feel and uniquely built to provide a wide range of senior healthcare services.

 435-723-9100


 <https://maplespringsliving.com/brigham-city/>


Independent Living provides three meals per day, housekeeping, activities, entertainment, bus rides all within a fun, safe community full of friends.


 1040 Medical Dr.
Brigham City, Utah 84302

Pioneer Valley Lodge Retirement Community

Pioneer Valley Lodge offers seniors the opportunity to enjoy the benefits of living in a family environment while maintaining independence and privacy.


 435-792-0353

 <https://nnhc.net/rental-communities/>

 2351 North 400 East
North Logan, UT 84341

Providence Place Housing

Providence Place Housing is a beautiful modern property tucked away in the Cache Valley. The building design allows for wonderful views of mountains and country valleys. The spacious two-bedroom apartments are accessible to support individuals with physical disabilities.

 435-753-3226

 <https://chsutah.org/properties/providence-place/>

 234 North 300 West
Providence UT 84332

Providence Pointe

We are a LIHTC Community and happy to offer affordable housing! Income restrictions apply to some or all residents.

- 📞 435-753-1300
- 🌐 <https://www.providencepointeliving.com/>
- 📍 1320 North 200 East
Logan, UT 84341

Residences at Homestead

Residences at Homestead is an affordable apartment community specially designed for those aged 62+, income and other restrictions apply.

- 📞 435-288-2879
- 🌐 <https://www.residencesisyourhome.com/>
- 📍 695 West 200 North
Logan, UT 84321

Retreat at Homestead

Step into a vibrant and affordable 62+ community in Logan, UT designed for seniors who seek more than just a place to live—they seek a place to thrive. At The Retreat at Homestead in Logan, UT, we celebrate senior living with a wide range of amenities and diverse floor plans, all complemented by a top-notch service team.

- 📞 888-272-1327
- 🌐 <https://www.retreatisyourhome.com/>
- 📍 778 West 400 North
Logan, UT 84321

River Park

River Park Senior Housing is a senior property for those 55 and older and is income restricted.

- 📞 435-753-5700
- 🌐 <https://www.riverparkseniorhousing.com/>
- 📍 784 South River Walk Parkway
Logan, UT 84321


Salvation Army Heat Assistance: Rocky Mountain and Dominion Energy

The Salvation Army Utility Assistance Program assists with R.E.A.C.H. (Dominion Energy). Households qualify for each type of assistance only once in a 12-month period.


- 🌐 https://saltlakecity.salvationarmy.org/salt_lake_city_corps/overcome-poverty/home.com/

Spring Hollow Apartments

Senior Housing (62+) 60% or less of the Area Median Income (AMI).


 435-755-6717


 <https://unphc.org/housing/spring-hollow/>


 1360 North 200 East
Logan, UT 84341

St. Mark's Terrace

St. Mark's Terrace is an apartment complex for low income seniors 62 and older and for individuals with disabilities. Applicants must meet income limits as well as other requirements.


 435-734-2169

 <https://chsutah.org/properties/st-marks-terrace/>

 50 North 500 West
Brigham City, UT 84302

The Springs

The Springs provides a quality of life unmatched by any other affordable housing development in the area.


 435-787-1774


 <https://thespringsproperties.com/>

 1336 West 800 South
Logan, UT 84321

Towne Center Villas


Towne Center Villas offers comfortable and convenient independent living for active adults.


 <https://www.townecentervillas.com/default.php>


 295 East 2230 North
North Logan, UT 84341

Tremonton Village Apartments

This property is a beautiful low income housing unit.

 435-257-0434

 <https://chsutah.org/properties/tremonton-village/>

 730 West 960 South
Tremonton, UT 84337

USU College of Education and Human Services Housing and Financial Counseling

Housing and Financial Counseling (HFC) follows a national counseling and educational model to provide services to residents in Utah and Southern Idaho. HFC focuses on empowerment through education in housing and finance, and works to promote the dignity of every individual. HFC is a US Department of Housing and Urban Development approved housing counseling agency that offers pre- and post-purchase educational workshops and individualized counseling.

- 📞 435-797-7224
- 🌐 <https://cehs.usu.edu/scce/services/housing-financial-counseling>
- 📍 6405 Old Main Hill
Logan, UT 84322

WAB (Warming Center)

Temporary overnight refuge from freezing temperatures. Access to water, snacks, warm weather clothing, and information about community programs and resources.

- 📞 435-757-3336
- 🌐 <https://www.wabwarmingcenter.org/>
- 📍 1760 North 200 East, Unit 100
North Logan, UT 84341

Williamsburg Retirement Community

It is our goal to create and provide a safe home-like environment for each of our residents and Super Caregivers. We provide this environment by making our communities beautiful, clean and delivering “WOW” experiences.

- 📞 435-753-5502
- 🌐 <https://www.williamsburgretirement.com/mingcenter.org/>
- 📍 132 West 300 North
Logan, UT 84321

Woodlands Senior Apartments

Senior Housing (55+), 52% or less of the Area Median Income (AMI)

- 📞 435-723-2200
- 🌐 <https://unphc.org/housing/woodlands-senior-apartments/>
- 📍 1441 East 900 South
Brigham City, UT 84302


AARP Safe Driving Course

Refresh your driving skills and become a safer, more confident driver!


 <https://www.aarpdriversafety.org/>

American Red Cross

Dedicated to helping Utahns successfully prevent, prepare for, and respond to disasters and emergencies.


 801-627-0000

 www.redcross.org/local/utah.html


 2955 Harrison Boulevard, Suite 102
Ogden, UT 84403

Bear River Area Agency on Aging

We invite you to reach out to our friendly team for clear, helpful information on a wide range of aging-related topics. We offer educational resources and personalized guidance to help you understand your choices. Call us to become better informed and empowered on your aging journey.


 435-713-1467

 www.bearriveraging.com


 170 North Main Street
Logan, UT 84341

Bear River Health Department

Assure excellence in delivering the Ten Essential Public Health Services in Box Elder, Cache & Rich Counties.


 435-792-6500

 <https://brhdut.gov/>

 655 East 1300 North
Logan, UT 84341

National Do Not Call Registry


The National Do Not Call Registry gives you a choice about whether to receive telemarketing calls

 1-888-382-1222


 <https://www.donotcall.gov/>

Northwestern Band of Shoshone Nation

Honoring our ancestors through Today's actions.

 435-734-2286

 <https://www.nwbshoshone.com/>

 2575 Commerce Way
Ogden, UT 84401

USU Extension

With offices covering Utah's 29 counties, Utah State University Extension provides research-based community education, resources and programs in the areas of agriculture and natural resources; business and community; food, health, and wellness; home, finance, and relationships; and 4-H and youth.

- 📞 435-695-2542 - Box Elder
435-752-6263 - Cache
435-793-2435 - Rich
- 🌐 <https://extension.usu.edu/locations>

Summer Citizen's Program- USU

The Summer Citizens program provides opportunities for the 55+ generation to discover, engage and celebrate life through lifelong learning activities at Utah State University in Logan, Utah and throughout the greater Cache Valley area.

- 📞 435-797-2028
 - 🌐 <https://summercitizens.usu.edu/>
 - 📍 550 North 900 East
Logan, UT 84322
-

4-H Mentoring

4-H Mentoring: Youth and Families with Promise is a national program designed to increase the developmental assets of youth, ages 10-14, and their families.

☎ 435-695-2542 - Box Elder
435-752-6263 - Cache
435-793-2435 - Rich

🌐 <https://extension.usu.edu/utah4h/more/mentoring/>

Bear River Head Start

Bear River Head Start is committed to providing opportunities for education and growth to children, families, staff, and the community in a nurturing and supportive environment. Bear River Head Start will accomplish this with integrity, respect, and honesty.

☎ 435-755-0081

🌐 <https://www.brheadstart.org/>

📍 95 West 100 South, Suite #200
Logan, UT 84321

Boys and Girls Club of Northern Utah

The Boys & Girls Club of Northern Utah is a non-profit organization that provides after-school programs, summer camps, and other activities for students K through 12th grade and their families in Box Elder & Cache counties. Our mission is to enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens

☎ 435-754-3730

🌐 <https://www.bcbclub.org/>

Cache County Maternal, Infant, & Early Childhood Home Visiting Program (MIECHV)

The Maternal, Infant, and Early Childhood Home Visiting Program is designed to empower families from pregnancy through kindergarten age with the Parents as Teachers curriculum. This evidence-based, no-cost home visiting program is dedicated to offering holistic support to families with young children. By focusing on parent-child interaction, development-centered parenting, and family wellness, our program is committed to nurturing strengths and skills within each family.

☎ 435-797-2356

🌐 <https://idrpp.usu.edu/projects/miechv/>

📍 6800 Old Main Hill
Logan, UT 84321

Care About Childcare

Support families in meeting their Childcare needs, support child care providers in their effort to provide quality, affordable and accessible Childcare (will help people become a licensed childcare provider), provide a support system to the community on issues related to childcare

- 📞 435-797-1552
- 🌐 <https://www.usu.edu/childcarehelp/>
- 📍 493 North 700 East
Logan, UT 84321

Centro de la Familia

Centro de la Familia is a non profit agency dedicated to promoting educational success for children and families, and fostering healthy and engaged communities. Head Start program serving Migrant and Seasonal families year-round

- 📞 435-754-3730
- 🌐 <https://cdf.org/>
- 📍 316 North Gateway Dr
Providence, UT 84332

Discovery Family Coalition

Our mission is to strengthen families by providing opportunities for FREE Family Fun and connecting parents with programs, resources and information that help them acquire the skills necessary to raise loving, responsible, resilient children. Discovery Family Adventures - download the Goosechase app and search with the game code ADVENTURES

- 📞 435-770-0748
- 🌐 <https://mydiscoverydestination.com/coalition/>

DWS Childcare Subsidy

DWS Child Care assistance programs help parents cover the cost of child care. Applicants are approved based on income, and eligibility is reviewed every year. Once approved for the Child Care subsidy, the payment is sent directly to the provider selected by the parent.

- 📞 866-435-7414
- 🌐 <https://jobs.utah.gov/customer-education/services/childcare/>
- 📍 180 North 100 West
Logan, UT 84321


Family Place


Therapy services, education services, and Kid's Place services. Parenting education classes can take place in the home. Kid's Place services involve leaving your kids ages 11 and under at the facility. Here is a referral form for the Family Place


- 📞 435-752-8880
- 🌐 <https://thefamilyplaceutah.org/>
- 📍 1525 North 200 West
Logan, UT 84321
- 502 South Main St
Smithfield, UT 84335
- 10 North 600 East
Hyrum, UT 94319

GRANDfamilies at Children's Service Society

Children's Service Society of Utah empowers families and caregivers through services that support the safety and well-being of children. Caregiver/children kinship support groups, guardianship assistance, financial assistance, links to community resources, crisis intervention, etc.


 435-227-1892

 <https://cssutah.org/>


 95 West 100 South, Suite 386
Logan, UT 84321

Little Lambs

Little Lambs Foundation for Kids is a nonprofit organization that provides diapers and baby supplies to low-income families and comfort kits to children who are placed in foster-care, entering emergency shelters and escaping domestic violence.


 435-764-4439


 <https://www.littlelambsofutah.org/>

 1125 West 400 North, Suite 200
Logan, UT 84321

Logan Parks and Rec- Summer Playground

Provides child care and free lunch from 12-5pm during the summer

 435-716-9250

 https://loganutah.activityreg.com/ClientPage_t2.wcs


My Discovery Destination!

Strengthening families and building resilience in youth

 <https://mydiscoverydestination.com/>

Office of Recovery Services (ORS)


The primary mission of Utah Office of Recovery Services is to promote responsibility. We help ensure that parents are financially responsible for their children by providing child support services and support for children in care. We also help ensure public funds are used appropriately through our Medicaid Recovery efforts.

 801-536-8500

 <https://ors.utah.gov/>

Sub 4 Santa- Cache County


The mission of the Cache County Sub for Santa program is to provide temporary assistance during the Christmas season to individuals and families residing in Cache County who are in need. Our volunteers work tirelessly each year to translate donations from a wide array of individuals and businesses into much-needed gifts for families in our community.

 435-554-9915

 <https://cachecountysubforsanta.org/>

Up to 3- Early Intervention

Up to 3 Early Intervention provides services and support to families with young children who have developmental delays or disabilities from birth to age 3 in Cache, Rich, and Box Elder Counties.


 435-797-3727

 <https://idrpp.usu.edu/up-to-3/>


 6810 Old Main Hill
Logan, UT 84322

Women, Infants, and Children (WIC)

WIC provides nutrition support and services to pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to their 5th birthday.


 435-792-6451

 wic.utah.gov

 655 East 1300 North
Logan, UT 84321

Sleep in Heavenly Peace

Provides free beds for kids 3-17.




 208-339-4496

 <https://shpbeds.org/apply/>

 1325 South 500 East #310
American Fork, UT 84003




Disability Law Center

The Disability Law Center works to enforce and strengthen the laws that protect the opportunities, choices, and legal rights of Utahns with disabilities. If you need assistance call the phone number and ask for our Short Term Assistance Team or fill out the on-line form on our website.

-  801-363-1347
-  <https://disabilitylawcenter.org/>
-  960 South Main Street
Salt Lake City, UT 84101

Office of Public Guardian

The Office of Public Guardian (OPG) provides guardianship and conservatorship services for adults who are unable to make basic life decisions for themselves due to conditions such as aging-related illness, intellectual disabilities, brain injuries, and mental illness. People often have no other family or friends to care for them or have been victims of abuse, neglect or exploitation. We continue to make a consistent effort to locate and reunite individuals with family members or close friends. Often they are able to assume responsibility for the person's long-term care.

-  801-538-8255
-  www.hs.utah.gov/divisions/public-guardian
-  288 North 1460 West
Salt Lake City, UT 84116




Online Court Assistance Program (OCAP)

The Online Court Assistance Program is provided to assist court users who do not have an attorney to prepare court documents.

-  <https://www.utcourts.gov/ocap/>


Utah Division of Consumer Protection

Strengthening trust in Utah's commercial activities by protecting consumers through education and impartial enforcement.


-  801-530-6601
-  www.dcp.utah.gov/
-  160 East 300 South
Salt Lake City, UT 84111

Utah Legal Services

Provides high-quality civil legal aid without cost to people who are unable to afford legal representation or are facing disadvantages, ensuring meaningful access to justice, and promoting education, stability, safety, and protection.

 801-394-9431


 <https://www.utahlegalservices.org/>

 298 24th Street, #110
Ogden, UT 84401

960 South Main Street
Salt Lake City, UT 84103

Utah State Courts

The Self-Help Center provides information to help you understand your rights and responsibilities, and to help you resolve your legal problems on your own if you cannot afford an attorney or if you choose not to hire one. We look forward to helping you.


 888-683-0009

 <https://www.utcourts.gov/>

selfhelp@utcourts.gov

Utah@EASE - Veterans Only


Utah@EASE is a referral program led by the Office of the Utah Attorney General in partnership with the Utah Department of Veterans and Military Affairs and the Utah State Bar. This public-private partnership connects eligible Veterans and current service members with pro bono legal services and representation for covered Utah issues.


 <https://attorneygeneral.utah.gov/utah-at-ease/>


Must go through VSO or a judge advocate for referral. Veterans only.

VA Legal Clinic

The VA has partnered with volunteer attorneys who provide a free monthly legal clinic for Veterans. The clinic is held the second Thursday of each month (except December) from 5:30 to 7:00 p.m. in building 16 lobby of the VA Medical Center. This gives veterans an opportunity to speak to an attorney, free of charge, for guidance on legal questions. No appointment needed.

 801-326-2372


 <https://veterans.utah.gov/legal-assistance/>

 George E. Wahlen Department of Veterans Affairs Medical Center


500 Foothill Boulevard
Salt Lake City, Utah 84148

Advantage Home Medical Equipment

Welcome to Advantage Home Medical Equipment, where you'll find affordable quality solutions for all of your home healthcare needs. With a full range of medical equipment and supplies, Advantage Home Medical Equipment will provide you with both superior products and a knowledgeable staff. Rediscover the confidence that comes with independence and venture to work, play, school, or wherever your imagination takes you. With the right products, nothing will slow you down!


 435-774-4196
435-734-0488

 www.advantagehme.org/

 953 West 700 North, Suite 112
Logan, UT 84321
590 Greenwood Drive
Brigham City, UT 84302

AgrAbility

AgrAbility is part of a national program designed to help farmers, ranchers and their family members remain in agriculture when facing limitations due to aging, disease, injury, illness, or other disability.


 435-797-0350

 <https://extension.usu.edu/agrability/>


 <https://extension.usu.edu/locations>

Alpine Home Medical

Alpine Home Medical remains steadfast in its commitment to compassionate care and innovative solutions for a better quality of life.


 435-774-4500

 www.alpinehomemedical.com/

 1395 North 400 East, Suite A
Logan, UT 84341

Institute for Disability Research, Policy and Practice

We are working together to create communities where everyone can belong and contribute. We improve the lives of children and adults with disabilities and their families through sustainable innovation, collaborative research, responsive service, and interdisciplinary training and education.




 435-797-1981

 <https://idrpp.usu.edu/>

 <https://www.usu.edu/map/>




Intermountain Health Home Medical Equipment

Discover a wide range of home medical equipment designed to improve your quality of life. From mobility aids and respiratory devices to monitoring systems and daily living aids, our products ensure comfort, safety, and independence. Trust in our reliable and easy-to-use solutions to support your health and well-being right in the comfort of your home.

-  435-716-5396
-  <https://intermountainhealthcare.org/locations/intermountain-health-home-medical-equipment-logan>
-  1300 North 200 East, Suite 106
Logan, UT 84341




Petersen's Medical Supply

Petersen Medical was named the best home healthcare company in Northern Utah. We have been in business for over 50 years and offer a wide range of products including sleep supplies, mobility equipment, oxygen and incontinence supplies. Our commitment to customer care is reflected in our easy insurance procedures, fast turnaround times, and attention to detail.

-  800-888-5137
-  www.petersenmedical.com/
-  870 West 300 North #100
Kaysville, UT 84037




Platinum Venture Group

Platinum Venture Group LLC is an online supplier of incontinence and diabetes supplies, committed to making your life easier. We offer priority shipping, reliable delivery, excellent customer service support, and thousands of products. Platinum Venture Group provides consumers with exactly what they need to stay protected and prepared.

-  801-214-9918
-  www.platinumventuregroup.com/
-  8522 South 1300 East #103
Sandy, UT 84094




Red Rock Medical Supply

Red Rock Medical Supply is a full-service durable medical equipment provider headquartered in Utah and serving the Rocky Mountain area.

-  801-886-9700
-  www.redrockms.com/
-  1880 North 2200 West #40
Salt Lake City, UT 84116




RT MedMobile

At RT MedMobile, we're committed to being your reliable and trustworthy source for medical equipment and healthcare solutions. Our mission is to empower people to live their best lives with independence, dignity, and confidence.

-  435-260-6171
-  <https://rtmedmobile.com>
-  2057 North 200 East
Logan, UT 84321




Stander's Incorporated

Stander has designed dozens of mobility products for every room in the home. Stander has deepened its core values of independence and happiness for all those involved with mobility challenges and designing & producing the highest quality products. Stander will remain committed to these ideals because they help people Be Independent.

-  800-506-9901
-  www.stander.com/
-  2410 Heritage Dr
Logan, UT 84321


Utah Assistive Technology Program (UATP)

Our mission is to put assistive technology into the hands of people who need it. We also help people afford those devices. Our goal is to promote independence in education, employment, and community settings.

-  801-887-9390
-  www.uatpat.org/
-  1595 West 500 South
Salt Lake City, UT 84104

Centers for Medicare and Medicaid Services


Medicare is health insurance for people 65 or older. You may be eligible to get Medicare earlier if you have a disability, End-Stage Renal Disease (ESRD), or ALS (also called Lou Gehrig's disease).

 800-633-4227

 www.medicare.gov/

Senior Medicare Patrol (SMP)


Senior Medicare Patrols (SMPs) empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse.

 1-877-808-2468


 www.smpresource.org/

Social Security

Social Security has provided financial protection for our nation's people for nearly 90 years. Chances are, you either receive Social Security benefits or know someone who does. With retirement, disability, and survivors benefits, Social Security is one of the most successful anti-poverty programs in our nation's history.


 1-877-808-2468 (National)
1-877-378-9081 (Local- Ogden UT)


 www.ssa.gov/


 324 25th Street #2403
Ogden, UT 84401

State Health Insurance Assistance Program (SHIP)

SHIP is your local State Health Insurance Assistance Program. SHIP provides unbiased help to Medicare beneficiaries, their families, and caregivers. Whether you are new to Medicare, reviewing Medicare plan options, or have questions on how to use your Medicare, SHIP can help.


 435-713-1467

 <https://www.bearriveraging.org>
<https://www.shiphelp.org/>


 170 North Main Street
Logan, UT 84321

TriWest Healthcare Alliance

TriWest Healthcare Alliance is honored to serve our nation's military and Veteran communities. We partner with the Department of Defense and the Department of Veterans Affairs to provide military families and Veterans with access to high quality care through our network of dedicated community providers. It is our honor and privilege to serve our nation's finest.


 888-874-9378

 <https://www.triwest.com/>

 P.O. Box 42049
Phoenix, AZ 85080

Utah Department of Health - Medicaid

Medicaid is a medical program for people who have low-income and limited resources. There are programs for families, pregnant women, people age 65 and older, people who are disabled or blind, and individuals with breast or cervical cancer. To be eligible for Medicaid, you must meet a program type and meet the rules for Utah residency, income, and citizenship.

 800-662-9651

 www.medicaid.utah.gov/

 288 North 1460 West
Salt Lake City, UT 84116

AARP Utah

AARP empowers people to choose how they live as they age. More than 100 million Americans are 50 or older, and people want their money, health, and happiness to last as long as they do. We are a wise friend and fierce defender, focusing on the priorities of older Americans.

- 📞 1-866-448-3616
- 🌐 <https://states.aarp.org/utah>
- 📍 6975 Union Park Center, Suite 320
Midvale, UT 84047

BRAG - VITA Program

The Bear River Association of Governments assists households who need to have their taxes prepared through the Volunteer Income Tax Assistance program (VITA). If you earned less than \$69,000 last year, you may be eligible for help to submit your taxes.

- 📞 435-713-1434
- 🌐 <https://brag.utah.gov/depts/tax-preparation/>
- 📍 170 North Main Street
Logan, UT 84321

BRAG - HEAT Program

The Home Energy Assistance Target (HEAT) program provides winter utility assistance to low-income households targeting those who are truly vulnerable – the lowest-income households with the highest heating costs, the disabled, elderly, and families with preschool-age children.

- 📞 435-752-7242
- 🌐 <https://brag.utah.gov/heat-utility-assistance-program/>
- 📍 170 North Main Street
Logan, UT 84321

Tech Charities


Our mission is to help families and students achieve their goals by providing affordable computers and ensuring they have the support needed to navigate the digital world.

- 📞 801-583-3656
- 🌐 <https://techcharities.org/>
- 📍 50 North 600 West, Suite C
Salt Lake City, Utah 84116

211


211 Utah connects you to the support you need when in crisis or difficult circumstances. It's free, confidential, and available in multiple languages. It is a collaborative service of the United Ways of Utah in partnership with social service organizations to ensure everyone can access help with ease and dignity.

 211


 <https://211utah.org/>

Bear River Valley Senior Center

We are here to serve the Senior of the Bear River Valley area. We want to make their lives as full, fun and productive as possible.


 435-257-9455


 www.tremontoncity.org/community/senior-center/


 510 West 1000 North
Tremonton, UT 84337

Brigham City Senior Center

Brigham City Senior Division serves persons 60 years of age and older in southeastern Box Elder County. We are a non-profit, government-sponsored agency, and a department of Brigham City Corporation. There are no membership fees. Most services are offered free of charge, or for a small donation. We are the only agency in the area that provides comprehensive services to the elderly population.

 435-723-3251


 <https://www.bcutah.gov/page/senior-services/>

 24 North 300 West
Brigham City, UT 84302


Cache County Senior Citizen's Center

The Cache County Senior Center provides programs and activities that will enable older adults of Cache County who are 60 years of age or older to stay healthy and independent.

The philosophy of the Cache County Senior Center is based on these premises: that aging is a normal development process; and that human beings need peers with whom they can interact and who are available as a source of encouragement and support.


 435-755-1720

 <https://www.cachecounty.gov/senior/>


 240 North 100 East
Logan, UT 84321

Hyrum Senior Citizen's Center

The Hyrum Senior Center is a vibrant community hub for older adults (55+). Enjoy delicious lunches, engaging activities, and exciting field trips.


 435-245-3570

 <https://www.hyrumcity.gov/seniors>


 675 East Main Street
Hyrum, UT 84319

Rich County Senior Citizen's Center

The Senior Center offers a Community Library, Exercise Equipment, Quilting Area, and Free Internet Access. USDA commodities are also available to those eligible.


 435-793-2122


 <https://www.richcounty.gov/senior-citizens/>


 21 North Main Street
Randolph, UT 84064

The Park Bench (Richmond Senior Center)

Where we gather to visit, listen, watch, learn, teach, create, and have a sense of belonging. Remember you always have a seat at our bench.




 435-258-2092 opt 2

 <https://www.richmondutah.gov/administration/page/park-bench-senior-center>

 90 South 100 West
Richmond, UT 84333




Alcoholics Anonymous - Cache Valley Intergroup

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

-  435-890-5977
-  <http://www.utahaa.org/northern.php>
-  60 W 1000 N
Logan, UT 84321

Bear River Health Department

Treatment and education options are offered for all treatment levels and address the unique needs of the individual. Family Support & Education, Outpatient Treatment & Intensive Outpatient Program are services available

-  435-792-6500
435-881-0358 - Crisis Line
-  <https://brhd.org/>
-  817 West 950 South
Brigham City, UT 84302

- 115 South Bear Lake Blvd
Garden City, UT 843028

- 655 East 1300 North
Logan, UT 84321

- 275 North Main Street
Randolph, UT 84064



Box Elder Strike Force

The Strike Force was set up to allow targeted, focused investigation on drug use and traffic in Box Elder County. The Strike Force operates with the assistance of federal grants. The Strike Force also gives presentations to work, social, school, and civic groups.

-  435-734-3300
-  <https://www.boxeldercountyut.gov/260/Strike-Force>
-  52 South 1000 West
Brigham City, UT 84302

Cache/Rich Drug Task Force

The Logan Police Department serves as the host agency for the Cache-Rich Drug Task Force (CRDTF). This task force is comprised of full-time law enforcement officers from the Cache County Sheriff's Office and the Logan City Police Department. Through state and local funding, these officers work to combat the ever-growing problem of illegal narcotics and prescription drug abuse that occurs locally.

-  435-716-9381
-  <https://www.loganutah.gov/government/departments/police/investigations/drugs.php>
-  290 North 100 West
Logan, UT 84321

Clear Recovery of Cache Valley

It is the mission of Clear Recovery to empower men and women to overcome Alcohol and Substance Use Disorder by helping them integrate back into society and participate in meaningful lives – ultimately, bringing families together. By fostering a non-judgmental environment, using evidence-based best practices, and adhering to a “person centered” philosophy, we strive to help our clients learn how to effectively manage their Substance Use Disorder so they can build a foundation for long-term abstinence and sobriety.

- 📞 435-753-0253
- 🌐 <https://clearrecoveryofcv.com/>
- 📍 277 North Spring Creek Pkwy,
Providence, UT 84332

Narcotics Anonymous

NA is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using

- 📞 877-479-6262
- 🌐 <https://www.northernutahna.org/>
- 📍 PO Box 3222
Ogden, UT 84409

Way to Quit

Way to Quit offers free and confidential tools to help you quit nicotine. Our tools are always available 24/7 and proven to help you succeed. Quit online, by phone or text, or create a quit plan customized just for you. However you do it, we can support you.

- 📞 888-567-8788
800-784-8669
- 🌐 <https://waytoquit.org/>

Aqua Worx Physical Therapy and Fitness

Whether you are recovering from an injury or illness, preparing for surgery or rehabilitating post-surgery, The Worx Outpatient Therapy may be advised. Our one-on-one therapy helps support your recovery and rehabilitation through a series of visits with our Physical Therapists and Occupational Therapists.

- 📞 435-716-8535
- 🌐 <https://www.sunshineterrace.org/our-services/the-worx-outpatient-therapy/>
- 📍 209 West 300 North
Logan, UT 84321

Bear Lake Visitors Bureau

The Bear Lake Valley is a recreational paradise! Bear Lake is often called “Caribbean of the Rockies” for its intense turquoise blue water. Jet ski, go sailing, boating, fish, swim and play on our sandy beaches. Winter offers snowmobiling, ice fishing and snow skiing. Enjoy bird watching & wildlife.

- 📞 435-946-2197
- 🌐 www.bearlake.org/
- 📍 69 North Paradise Parkway, Building A
Garden City, UT 84028

Box Elder Bookmobile/Willard City Library

Box Elder County’s public library focused on mobile delivery of library materials to residents not served through municipal libraries.

- 📞 435-695-2525
- 🌐 <https://www.boxeldercountyut.gov/194/Bookmobile>
- 📍 420 North 1320 West
Tremonton, UT 84337

Box Elder County Tourism

- 📞 435-734-3315
- 🌐 <https://www.boxeldercountyut.gov/163/Tourism>
- 📍 1 South Main
Brigham City, UT 84302

Brigham City Library




- 📞 435-723-5850
- 🌐 www.bcpl.lib.ut.us/
- 📍 26 East Forest Street
Brigham City, UT 84302

Brigham City Parks & Recreation

- 📞 435-734-6610
- 🌐 <https://www.bcutah.gov/>
- 📍 20 North Main Street
Brigham City, UT 84302




Cache Arts

Cache Valley Center for the Arts, CacheArts for short, is the Local Arts Agency for Cache County and Logan City. That means we work to promote the arts throughout our region.

-  435-752-0026
-  www.cachearts.org/
-  43 South Main Street
Logan, UT 84321




Cache County Library

We promote, enhance, and provide access to library services for all residents of Cache County. We encourage equity in access to basic library services across the county for those having difficulty accessing library services, including individuals with disabilities. The mission includes providing materials and services that will enlighten, enrich, and satisfy the informational, recreational, and cultural needs of the patrons and communities it serves.

-  435-752-7881
-  www.cachecounty.org/library
-  15 North Main Street
Providence, UT 84332




Cache Valley Visitors Bureau

Whether you're seeking a serene escape or a thrilling outdoor expedition, Logan invites you to create memories that will linger long after you've left. Come explore the magic, the warmth, and the unexpected delights that await in Cache Valley.

-  435-755-1890
-  www.explorelogan.com/
-  199 North Main Street
Logan, UT 84321

Caine Lyric Theater

Newly restored and expanded in the summer of 2000, this 378-seat proscenium theater listed on the Utah State Historical Register (1913), is home to the Lyric Repertory Company and hosts USU Opera program performances. Events that will be best suited for this venue include theatre production and films.

-  435-797-0423
-  www.cca.usu.edu/resources/community/venues/caine-lyric-theatre/
-  28 West Center Street
Logan, UT 84321


Common Ground Outdoor Adventures

Common Ground Outdoor Adventure's mission is to provide life-enhancing outdoor recreation for youths and adults with disabilities.


-  435-713-0288
-  www.cgadventures.org/
-  335 North 100 East
Logan, UT 84321

Garden City Library

The Garden City Public Library strives for excellence in providing services to all patrons. Our goal is to focus carefully on our community and assist everyone with an enthusiastic caring attitude.


 435-946-2950

 www.gardencityutlibrary.org/


 69 North Paradise Pkwy, Bldg. A
Garden City, UT 84028

Garland Library


The Garland Public Library develops, leads, and delivers exceptional library services and resources to our community and surrounding communities.

 435-257-3161


 <https://garland.lib.utah.gov/>

 86 West Factory Street
Garland, UT 84312


Heritage Theater

 435-723-8392


 www.heritagetheatreutah.com/

 2505 South Highway 89
Perry, UT 84302

Hyrum City Library


 435-245-6411

 www.hyrumcity.org/library


 50 West Main Street
Hyrum, UT 84319

Jump the Moon Foundation

Motivated by love for all, we believe in the inherent potential of every person. We creatively utilize the arts to bring joy and empower individual ability, expression, and dignity. Focusing especially on those presumed to be limited.


 435-750-5066

 www.jumpthemoon.org/


 48 North 100 West
Logan, UT 84321

Lewiston Public Library

Nurture imagination, promote lifelong learning, and enrich the community!


 435-258-5515

 www.lewiston.lib.utah.gov/


 29 South Main Street
Lewiston, UT 84320

Lewiston Public Library

Nurture imagination, promote lifelong learning, and enrich the community!


 435-258-5515

 www.lewiston.lib.utah.gov/


 29 South Main Street
Lewiston, UT 84320

Logan Library


The Logan Library sparks creation, exploration, and collaboration in our community


 435-716-9123


 <http://library.loganutah.org/>

 285 North Main Street
Logan, UT 84321


Logan Recreation Center


 435-716-9250

 www.loganutah.org/government/departments/parks_and_recreation/recreation_center/index.php

 195 South 100 West
Logan, UT 84321


Mendon City Library

 435-774-2200


 <https://mendoncity.lib.utah.gov/>

 15 North Main Street
Mendon, UT 84325


Newton Town Library

 435-563-9283


 www.newtontownlibrary.com/

 51 South Center Street
Newton, UT 84327

North Logan City Library


 435-755-7169

 www.northloganlibrary.org/

 475 East 2500 North
North Logan, UT 84341

Old Barn Community Theater

For over 25 years, the mission of The Old Barn has been to providing quality, family-friendly entertainment at a reasonable price.


 435-458-2276

 www.ldbarn.org/


 3605 Bigler Road
Collinston, UT 84306

Options for Independence

OPTIONS for Independence is a non-residential Center for Independent Living that aims to enable and empower people with all types of disabilities of all ages to live independently in their families and communities.


 435-753-5353

 <https://optionsind.org/>

 106 East 1120 North
Logan, UT 84341

118 East 100 North
Brigham City, UT 84302


Physiques Finest

 435-723-1900


 <http://www.physiqueshealthclub.com/>

 675 South Main Street
Brigham City, UT 84302

Pickleville Playhouse & Western Cookout


 435-946-2918

 www.picklevilleplayhouse.com/


 2049 South Bear Lake Blvd.
Garden City, UT 84028

Planet Fitness

We strive to create a workout environment where everyone feels accepted and respected.


 435-753-7501

 www.planetfitness.com/gyms/logan-ut


 981 South Main Street #130
Logan, UT 84321

Rich County Library and Bookmobile

We believe that knowledge is power, books are for everyone, and everyone is welcome.


 435-793-2122

 <https://www.richcounty.gov/library/>


 55 North Main Street
Randolph, UT 84064

Richmond City Library

We strive to strengthen our community and encourage lifelong learning by providing materials, programs, and resources in a space for all ages to connect, explore, and grow.




 435-258-5525

 www.richmondutah.org/library

 38 West Main Street
Richmond, UT 84333




Smithfield Public Library

The Smithfield Public Library's mission is to provide open access to a broad range of materials, programs & services for people of all ages and backgrounds.

-  435-563-3555
-  www.smithfieldcity.org/library
-  25 North Main Street
Smithfield, UT 84335

Sports Academy

Our goal is to help you get in the best workout & keep you motivated by offering the best group fitness classes, cardio equipment, functional training equipment, strength equipment, pools, and more!




-  435-753-7500
-  www.sportsacademy.com/
-  1655 North 200 East
Logan, UT 84321

Tremonton City Library

-  435-257-9525
-  www.tremontoncity.lib.utah.gov/
-  210 North Tremont Street
Tremonton, UT 84337

Tremonton City Parks & Recreation

To provide a fun and safe environment for both youth and adult to recreate, educate and enjoy quality leisure time. We strive to enhance and better our community by offering more.




-  435-257-9500
-  www.tremontoncity.org/community/parks-rec/
-  102 South Tremont St.
Tremonton, UT 84337

Utah Festival Opera

-  435-750-0300
-  www.utahfestival.org/
-  59 South 100 West
Logan, UT 84321


Utah State Library for the Blind & Disabled

We are a free braille and talking book library service for people with temporary or permanent low vision, blindness, or a physical disability.


-  800-662-5540
-  www.blindlibrary.utah.gov/
-  250 North 1950 West, Suite A
Salt Lake City, UT 84116

Department of Motor Vehicles


The Motor Vehicle Division (DMV) provides services to the public and dealers for all motor vehicle transactions, including title and registration services.

 435-734-3341 - Box Elder County
435-755-1610 - Cache County
435-793-5215 - Rich County


 <https://dmv.utah.gov/>

 35 E 100 S
Brigham City, UT 84302
179 North Main Street Suite 209
Logan UT 84321
20 South Main Street
Randolph, UT 84064

Utah Festival Opera

 801-965-4437 - BE
435-752-0332 - Cache


 <https://utahfestival.org/>

 445 West 1200 South
Brigham City, UT 84302


110 East 700 South
Logan, UT 84321

Connect Transit (CVTD)

We serve our growing community by supporting transit riders, civic leaders, and local businesses.


 435-752-2877

 <https://rideconnectutah.gov/>


 150 East 500 North
Logan, UT 84321

Call-A-Ride

For riders who have a disability that prevents them from making some or all of their trips with our fixed stop services, Connect offers a shared-ride service which is referred to as Call-A-Ride.

 435-753-2255


 <https://rideconnectutah.gov/accessibility/>

 255 North Main Street
Logan, UT 84321


Lifeline Mobility Program & Travel Training

The Lifeline Mobility Program assists seniors, persons with disabilities, and low-income households with transportation by providing drivers with a mileage reimbursement for qualified trips.

Travel training helps teach people about their transportation options and how to use them.


 435-713-1427

 www.bearrivermobility.org

 170 North Main Street
Logan, UT 84321

LogistiCare Services

Modivcare is leading the transformation to better connect people with care, wherever they are. We serve the most underserved by facilitating non-emergency medical transportation.


 855-563-4403

 <https://www.modivcare.com/offerings/nemt/>

Ride United Transportation Access


Help to provide free and discounted Lyft, up to \$23 each way.


For people 18+ or will be accompanied by an adult who need a roundtrip ride for a medical appointment, accessing food pantry, and for employment.

 801-377-6600

Salt Lake Express


Salt Lake Express, a shuttle service company popular along the northern I-15 corridor, has expanded their routes and services to the southern Utah region.

 208-932-2658


 <https://saltlakeexpress.com/>
Info@saltlakeexpress.com

Travel Training with BRAG

Help teaching people about their transportation options and how to use them. It is free. can help to apply for local travel programs, help to ride the bus with hands on training, help to build a travel plan.


 435-713-1427


 www.bearrivermobility.org

 620 West 1200 North
Logan, UT 84321

UTA Paratransit Services

UTA's Paratransit Service ADA program is a service of the Utah Transit Authority, for people with physical, cognitive or visual disabilities who are functionally unable to independently use the UTA fixed route bus service either all of the time, temporarily or only under certain circumstances.


 1-877-882-7272

 <https://www.rideuta.com/Rider-Info/Accessibility/Accessible-UTA/Paratransit-Services>

 2393 Wall Avenue
Ogden, UT 84403

Utah Department of Public Safety

Keeping Utah safe through dedicated public service and partnerships to protect Utah's great quality of life


 435-764-4439

 <https://publicsafety.utah.gov/>

 4501 South 2700 West
Salt Lake City, UT 84114

Veteran Transportation Services

The Veterans Transportation Service (VTS) provides safe and reliable transportation to Veterans who require assistance traveling to and from VA health care facilities and authorized non-VA health care appointments. VTS also partners with service providers in local communities to serve Veterans' transportation needs.

 801-582-1565 Ext 1079

Bear River Area Agency on Aging

at BRAG



Empowering Lives with Dignity, Hope & Independence

As one of 12 Area Agencies on Aging in Utah, serving Box Elder, Cache and Rich Counties, our services have minimal costs or are free of charge to those who qualify. Whether you need resources, services, or just a helping hand, our caring team is here to help you live well and age with confidence.

Information and Referral connects community members with resources, local services, community partners, and referrals to programs within our organization. Call or email us any time with questions!

A **County Veterans Service Officer (CVSO)** advocates for and supports veterans and their families through benefits assistance, outreach, and connects veterans to community services.

Caregiver Support Program provides a case manager and support services to families and caregivers.

State Health Insurance Program provides free counseling to those eligible for Medicare.

Alternatives & Medicaid Aging Waiver Programs help to provide services for seniors who meet medical and financial eligibility to receive care and remain independent in their home.

Long-Term Care Ombudsman advocates for people living in nursing homes and assisted living facilities by protecting their rights and helping to resolve their concerns.

Veteran Directed Care gives Veterans of all ages the opportunity to receive services they need in the way that suits them. Examples include help with bathing, dressing, or fixing meals.

GET IN TOUCH

Providing services in Box Elder, Cache and Rich County

📞 **435-713-1467**

🌐 **www.bearriveraging.com**

@ **AAInfo@brag.utah.gov**

**Bear River Association of Governments
(BRAG)**

170 N Main

Logan, UT 84321

